

### Arabica and Robusta from the Island of Java.

Americano	2.8
Cappuccino	3
Espresso	2.6
Latte	3
Macchiato	2.8
Double Espresso	2.8
Mochaccino	3
Extra shot	0.5
Cadbury's Hot Chocolate made with milk	3
Syrup	0.5

### Birchall tea

**A 140 year old family tradition, blending the finest tea estates of East Africa, from Rwanda through to the Rift Valley in Kenya. All teas are organic, fairtrade and rainforest alliance certified**

All served in a two cup pot **3.6**

Earl Grey - citrus and spicy floral notes  
Green Tea and Peach - smooth with floral notes  
Green Tea - traditional Chinese Mao Feng  
Camomile\* - gold colour, mellow and sweet  
Lemongrass and Ginger\* - uplifting, woody citrus aroma  
Peppermint\* - vibrant, cool and minty  
Red Berry and Flower\* - candied aroma, fruity flavour  
Organic Redbush\* - red rooibos, soothing and sweet  
\*caffeine free

Fresh Mint  
Assam

**BIRCHALL**  
*A family tradition since 1872*



# Lounge bar menu

## Allergen Advice

If you have any food allergies or intolerances, please speak to the manager who will discuss your requirements with you.

**GF - Gluten Free**      **VE – Vegan**  
**V - Vegetarian**

## Cakes and snacks

(Available all day)

Chocolate biscuit	1.25
Chocolate macaroon	1.55
Chocolate Rice cake	1.5
KitKat	1.25
Love Corn	1.5
Quinoa chips	1.5
Crisps	1.5
Lightly salted	
Salt and vinegar	
Cheddar and chives	
Flapjack	1
Biscuits	0.75
GF Biscuits	1.1
<b>Cake of the day</b>	<b>3.6</b>
Please ask for today's cake	

## Desserts

Chocolate & Seville orange torte burnt orange segments, mint crisps	9.5
Vanilla panna cotta with mixed berry sauce	10
Apple & cinnamon tart Tati, vanilla ice cream	9.5
Chocolate brownie with confit berry & coconut yogurt	
<b>(GF &amp; VE)</b>	<b>9</b>
Fresh fruit salad, served with a lemon sorbet <b>(GF)</b>	<b>8</b>
Three scoops of ice cream or sorbets from our daily selection <b>(GF)</b>	<b>8</b>

## Afternoon tea

(Available 2:00pm – 5:00pm)

### Toasted tea cake

Toasted tea cake, Tiptree potted jam and butter **3.5**

### Fruit scones

Two fruit scones, Tiptree potted jam and clotted cream **5**

### Light afternoon tea

Warm fruit scone, Cornish clotted cream and strawberry jam **15**  
Assortment of afternoon tea pastries and cakes  
Pot of Birchall tea

### Full afternoon tea **22**

#### Sandwiches

Watercress, egg mayonnaise on white bread  
Honey roast ham, vine plum tomato and red onion chutney, wholemeal bread  
Scottish smoked salmon, butter and lemon, Cream cheese and cucumber  
One Warm fruit Scone, clotted cream & strawberry preserve  
Two petit gateaux  
Pot of Birchall tea

## Breakfast

(Available 8:30am – 11:30am)

### Smoked salmon with scrambled eggs

on sourdough toast **12**

### Bacon roll

Smoked back bacon, vine tomato in chargrilled brioche bap **7**

### Traditional English breakfast **13**

Smoked back bacon, Cumberland sausage, egg cooked to your liking, beans, portobello mushroom, tomato and hash browns

### Vegetarian breakfast **13**

Vegetarian Cumberland sausage, egg cooked to your liking, beans and hash brown, portobello mushroom, tomato and hash browns

### Eggs benedict

Soft poached eggs on toasted muffin, roast ham glazed with hollandaise sauce  
Single **7.5**  
Double **12.5**

**Crushed avocado** on toasted sourdough, poached eggs **8**

### Two Eggs

Scrambled/poached/fried eggs on toast **7**

**Berry compote** with choice of coconut or natural yogurt **6**

## Sandwiches

(Available 12:00pm – 5:00pm) **Add skinny fries 2.5**

<b>Honey roast ham</b> , red onion chutney & watercress toasted ciabatta	<b>8.9</b>
<b>Tuna mayonnaise</b> with sweetcorn & rocket chargrilled sourdough bloomer	<b>8.9</b>
<b>Falafel</b> , baby gem, avocado, mayonnaise, tomato chutney, chilli sauce in a tortilla wrap <b>(VE)</b>	<b>9.5</b>
<b>Chargrilled aubergine</b> , pepper, courgette, onion chutney balsamic glaze tomato tortilla wrap <b>(VE)</b>	<b>8</b>
<b>Chicken Caesar</b> wrap with baby gem, free range egg with a Caesar dressing	<b>9.75</b>
<b>Traditional oak smoked salmon</b> , lemon butter on wholemeal bread	<b>9</b>
<b>RSM Club sandwich with chicken</b> , smoked bacon, egg, gem lettuce, mayo & sliced tomato in ciabatta	<b>11.5</b>
<b>Milano salami panini</b> , Mozzarella & tomato chutney	<b>9.5</b>
<b>Tomato, pesto &amp; mozzarella panini (V)</b>	<b>8</b>

## Small Plates **8 each or 3 for 22**

<b>Chargrilled chicken skewers</b> with a corn tortilla & sweet chilli sauce <b>(GF)</b>
<b>Falafel bites</b> , harissa mayonnaise & rocket <b>(VE)</b>
<b>Salt &amp; pepper squid</b> with chilli jam, rocket
<b>Lamb kofta</b> , red cabbage, rocket, mint yoghurt & pitta bread
<b>Chargrilled halloumi</b> and marinated vegetables <b>(V,GF)</b>

<b>Soup of the day</b>	<b>7.5</b>
<b>Add bread roll and butter</b>	<b>1.25</b>

## House Plates (available 12.00pm - 21.00pm)

<b>Cheeseburger</b> , vine tomato, baby gem, gherkin brioche bap, skinny fries	<b>18</b>
<b>RSM Club omelette</b> 2 fillings: cheese, mushroom, tomato, ham; with skinny fries & garden salad (extra fillings 1.5)	<b>16</b>
<b>Poached salmon salad</b> , garden salad, lemon dressing	<b>22.5</b>
<b>Braised beef brisket cottage pie</b> , topped with horseradish creamed potato & peas	<b>18</b>
<b>Korma curry</b> , wholegrain rice, tomato & red onion salad, mango chutney & popedom	
	<b>Chicken 16</b>
	<b>Prawn 18</b>
<b>Gnocchi ratatouille</b> , sauteed gnocchi with roasted pepper sauce, Mediterranean vegetable, black olive & cavolo Nero crisps (V)	<b>16.8</b>
<b>Beetroot burger</b> , avocado, vine tomato, baby gem, gherkin brioche bap, skinny fries (V)	<b>15</b>
<b>3 Cumberland sausages</b> , crushed potato, fine beans & red wine gravy	<b>17</b>
<b>Chicken Caesar salad</b> , soft-boiled egg, anchovies, crisps baby gem leaves & croutons	<b>17</b>