



RSM STUDENTS SECTION

ACCESS SCHEMES

ACROSS THE UK

INFORMATION BOOKLET

HOW TO USE THE BOOKLET

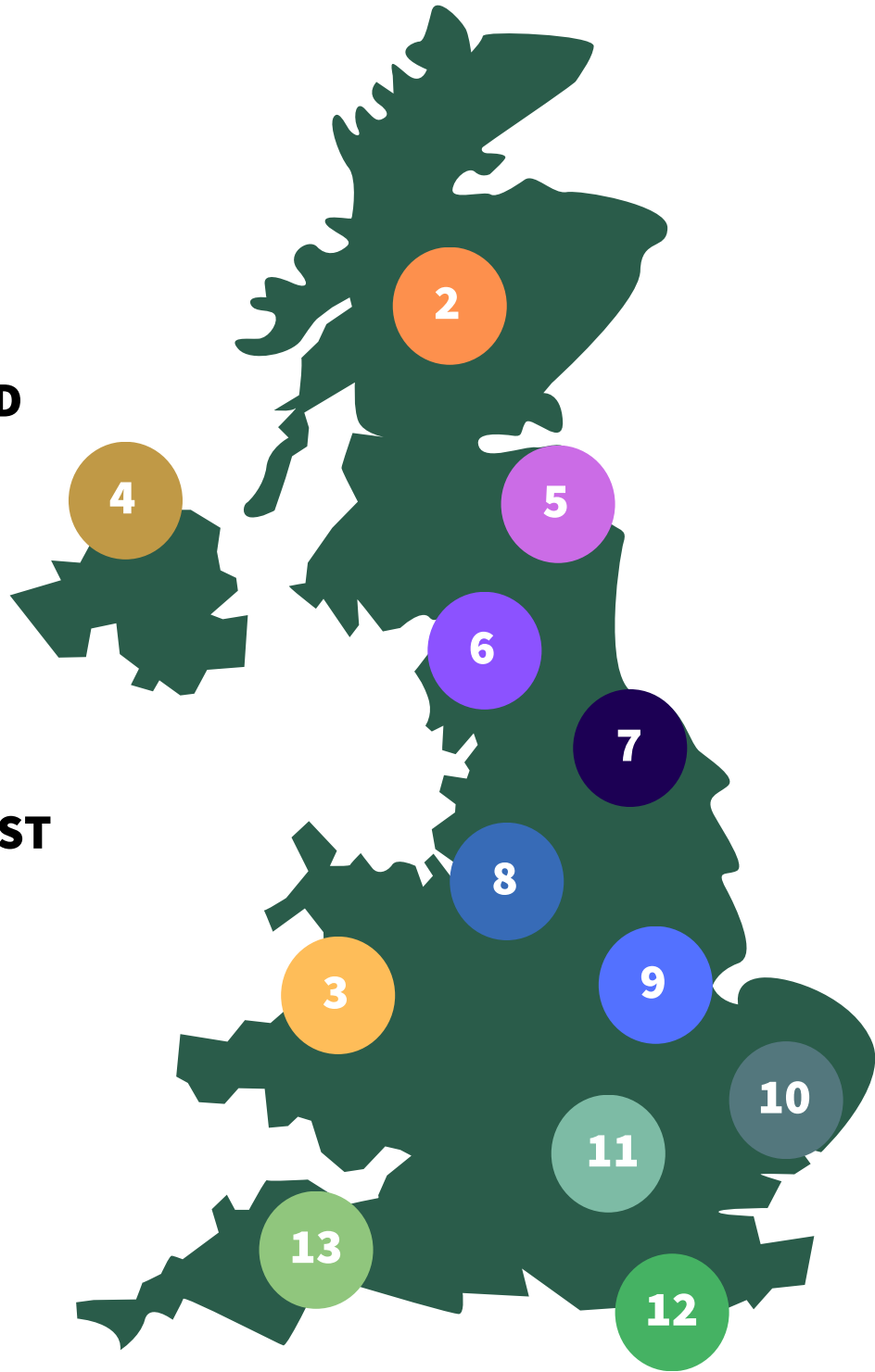
The Royal Society of Medicine's Student Section has created this booklet containing information on multiple widening access programmes across the UK, with the aim of helping applicants from a wide range of backgrounds apply for medicine. Multiple programmes mentioned in this booklet are not medicine specific, and many are offered by universities to improve access to medicine. National programmes are programmes where a specific region is not specified/preferred. Majority of the programmes in this booklet are sorted by region in the UK (this could be the location, for example of a specific university, or where a regional programme works with schools in the area, or only accepts applicants from a certain location). There will be tags on each page, indicating what each programme offers to help you narrow down what you are looking for. There is also information on how to get involved with every programme on their respective pages (including contact details).

Please be advised that the information contained in this booklet is accurate as of April 2023, based on the data provided online by respective organisations. However, it is important to note that the information provided is intended for informational purposes only, and we cannot guarantee the accuracy, completeness, or timeliness of any information beyond the stated date. It is the responsibility of the reader to verify and confirm any information they plan to rely on, as the accuracy of the information may be subject to change over time.

Additionally, we cannot accept any liability or responsibility for any errors, omissions, or inaccuracies in the information provided, or any damages or losses arising from the use of the information provided. Therefore, we recommend that readers use their own judgment and discretion in interpreting and utilising the information provided and seek professional advice as necessary.

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NATIONAL





In2MedSchool is a widening participation initiative with the aim of supporting students from widening participation backgrounds with their journey into university, with a focus on medical school applications. Alongside mentoring, they run various school projects, webinars and provide a variety of resources to support mentees.

ELIGIBILITY CRITERIA

To be eligible you must be:

A current Year 12 (England/Wales), S5 (Scotland) or Year 13 (Northern Ireland) student.
If you are in a later year you must be taking a gap year before applying to medicine
Studying at a public/state school considering an application to Medicine

BENEFITS?

- Work with a personal Mentor to encourage you in their studies towards becoming a medical student.
- Essay Competition
- Support with BMAT and UCAT examinations
- Support with personal statement, work experience and interview preparation

TO GET INVOLVED

General enquiries admin@in2medschool.com

MENTORSHIP

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT



The 93% club aims to dismantle the class inequality that exists in Britain today through the power of community. By bringing together thousands of like-minded individuals across the country, they aim to break down the structural barriers to social mobility and building a future that's fairer for the next generation.

ELIGIBILITY CRITERIA

There is currently no clear selection criteria advertised on their website.

BENEFITS?

The 93% club aims to be a place for state-educated students to meet and connect with others from similar backgrounds, as well as access careers and networking events that help to level the playing field for state school people.

TO GET INVOLVED

To sign up

Apply via the website here: <https://www.93percent.app/join>

General enquiries

Fill in the form here: <https://www.93percent.club/contact>



Medic Mentor has established fantastic programmes that provide a variety of mentoring platforms from face-to-face, online and long-distance. They also hold conferences and virtual societies to boost your application.

ELIGIBILITY CRITERIA

There is currently no clear selection criteria advertised on their website.

BENEFITS?

"Get into" Conferences - full day **virtual** conferences

Medical Leadership Programme* - medical leadership programme that exists for secondary school students.

Summer Schools are **6-day residential programmes*** that comprehensively prepare students for their UCAS applications.

The **mentor programme** will ensure you have the resources that you need to do well in your medicine application.

please note some of these activities may require payment

TO GET INVOLVED

Sign up on their website

<https://medicmentor.co.uk/medicine-national-healthcare-weekend/>

For more information

<https://airtable.com/shrM6UPT8Z2uxx7OL>

LECTURES

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP

Get Into Medicine | Support | Training | From Medic Mentor n.d.



acmm

African Caribbean Medical Mentors (ACMM) began as a mentoring scheme which provides 1-to-1 mentorship between black applicants to medical school and current medical students and 3 doctors. There are also lots of resources available to help you get into medicine.

ELIGIBILITY CRITERIA

There is currently no clear selection criteria advertised on their website.

BENEFITS?

Apply to be mentored, have access to one of four e-books and take part in the variety of events on offer. Mentees are provided with FREE access to medic minds award winning platform, which includes resources to help with the UKCAT, BMAT, interviews and so much more.

TO GET INVOLVED

To apply visit

<https://www.acmedicalmentors.co.uk/mentoring>

For more information & help visit

<https://www.acmedicalmentors.co.uk/contact>

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



UCLs Medical School's widening participation initiative is aimed at raising the attainment and aspirations of young people from backgrounds normally underrepresented in higher education and medical school.

ELIGIBILITY CRITERIA

Live outside of Greater London

Year 12

Have attended only non-selective state schools, sixth forms, or colleges since age 11

Be currently studying A-level Biology and Chemistry

BENEFITS?

There are three insight programmes: LondonMed Summer School, the mentoring scheme and the Become scheme

TO GET INVOLVED

To apply visit: <https://www.ucl.ac.uk/medical-school/partnerships-and-consultancy/target-medicine/events-and-activities>

For more information & help

wp@sgul.ac.uk

LECTURE

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



The Aspiring Medics are a social enterprise comprised of top medical students including students from Oxford University, Cambridge University, Imperial University, University College London and many of the UK's top universities. All are university students who have recently gone through the medical application process.

ELIGIBILITY CRITERIA

There is no eligibility criteria listed on the website.

BENEFITS?

Gain access to bespoke tutoring, video tutoring, question banks, verbal and written feedback as well as extensive progress analysis. Their website is also full of good resources on interview prep, BMAT and UCAT. There is also a free online work experience course.

TO GET INVOLVED

For more information & help

<https://www.theaspiringmedics.co.uk>

LECTURES

INTERVIEW PREPARATION

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The Access Project was established in 2008 to help talented young people from disadvantaged backgrounds gain access to an education at one of the UK's top universities. Through a unique programme of in-school mentoring and personalised tuition, they aim to help our teenagers unlock their potential and transform their future prospects. They are now working in 35 schools, with thousands of volunteer tutors.

ELIGIBILITY CRITERIA

There is no eligibility criteria listed on the website.

BENEFITS?

What makes the programme unique is that it comprises both tutoring and mentoring. Through rigorous measurement and data analysis, they have made a programme that gives our young people the highest chances of getting into a top university with both mentoring and tutoring services.

TO GET INVOLVED

To apply visit

<https://www.theaccessproject.org.uk/about-us>

For more information & help

info@theaccessproject.org.uk



Project Access is a non-profit organisation believing in fair access to top universities. They have created a completely free program for students from less privileged backgrounds to apply for both undergraduate and graduate programs.

ELIGIBILITY CRITERIA

To be accepted you should demonstrate that you are facing socio-economic, demographic, geographic, or access to information barriers – and that you have good grades (equalling or higher than a 2:1 in the UK system).

BENEFITS?

At the core of the programs is 1-1 mentorship, matching you with a mentor who studies your dream degree at your dream university. Alongside the mentorship, you will join an awesome community of applicants from around the world and get access to the best content and webinars that are out there.

TO GET INVOLVED

To apply visit

<https://form.typeform.com/to/xWak8Q?typeform-medium=embed-snippet#source=Standard>

For more information & help

<https://projectaccess.org/uk-undergraduate-program>

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP

UK undergraduate program - Project Access n.d.



The Oxbridge Mentoring Scheme (OMS) runs from March of Year 12 to December Year 13 and is free for state funded schools and colleges. Students will have an Oxbridge educated expert guide them through our thorough syllabus in preparation for their applications to Oxbridge and top UK universities.

ELIGIBILITY CRITERIA

You must be in Year 12 and from a state funded school.

BENEFITS?

A personal mentor from Oxbridge

Monthly webinars run by our central team

Unique reading lists to encourage learning beyond the classroom

Resource booklets and a full syllabus to break down the process into manageable sections

A 'Learning Log' to keep track of progress

Learning frameworks and mnemonics that help structure thoughts and responses

Invitations to exclusive events, such as our Oxbridge Interview Workshop & Annual conference

A personal development mentor from Oxbridge

TO GET INVOLVED

For more information visit: <https://insightoutreach.org/applications/>

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



The key aims of this organisation is to provide the tools and resources for black students from lower socioeconomic backgrounds to successfully apply and be accepted into medicine by creating a financial grant to support them.

ELIGIBILITY CRITERIA

There is no specific criteria listed on the website.

BENEFITS?

Through creating a network of young people, students and qualified health professionals it will help guide students to mentors in their chosen career fields where 1-1 membership, personal statement guidance and work experience connections will be implemented. The student will be able to build their network as they progress from an applicant to a medical student and finally health professional.

TO GET INVOLVED

To apply visit: <https://acmefuk.wixsite.com/mentorship>

Or contact via the website form at:

<https://acmefuk.wixsite.com/mentorship/contact>



BME medics is a platform committed to improving diversity and inclusively in healthcare. They want to see progressive medicine - not just for healthcare professionals but also to benefit wider society.

ELIGIBILITY CRITERIA

There is no specific criteria listed on the website.

BENEFITS?

BME medics offers a variety of opportunities such as talks about the application process, entrance exams, interviews and more! They also run workshops to help you with your medical school application and run a mentorship programme.

TO GET INVOLVED

Visit: <https://instagram.com/bmemedics?igshid=YmMyMTA2M2Y=>

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP

BME Medics (@bmemedics) • Instagram photos and videos n.d.



Widening Participation Medics Network (WPMN) is a national charitable organisation consisting of over 100 volunteers who are building a medical workforce that is representative of the population it serves.

ELIGIBILITY CRITERIA

There is no specific criteria listed on the website.

BENEFITS?

WPMN aim to provide a supportive community to underrepresented groups that breaks down barriers at all stages of the medical journey by sharing resources, experiences and opportunities. There is also a forum where you can meet like minded people.

TO GET INVOLVED

Visit: <https://www.wpmedicsnetwork.com/aspiring-students>

Become a member for free here:

<https://www.wpmedicsnetwork.com/become-a-membe>

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



The Oxbridge Launchpad is a non-profit organisation founded and run by two current Oxford and Cambridge university students. Get matched with a current Oxford or Cambridge undergraduate studying your chosen subject and get bespoke, one-to-one mentoring.

ELIGIBILITY CRITERIA

There is no specific criteria listed on the website.

BENEFITS?

Have access to application walk through, mentoring, mock interviews and an essay competition to boost your personal statement.

Though the Oxbridge admissions process can look incredibly daunting for prospective students, with carefully considered and consistent guidance every step of the way, the process can become a whole lot easier.

TO GET INVOLVED

Sign up here: <https://www.oxbridgelaunchpad.com/apply-for-a-mentor>

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



The Shadowing Scheme is a university access scheme designed by current Cambridge undergraduates and run by Cambridge Students' Union (Cambridge SU)

ELIGIBILITY CRITERIA

The scheme is for students with little family history of attending university, who go to schools where few people progress to University. Students beginning Year 12 or equivalent are eligible for the Shadowing Scheme. Additionally, if you will be over the age of 21 when starting university, you can apply to the scheme as a mature student.

BENEFITS?

During the scheme, participants come to Cambridge, 'shadow' an undergraduate mentor who is studying a subject they're interested in, attend lectures, stay in a student room, eat in a college dining hall, meet lots of current students at a range of events and activities, and get advice on applying to Cambridge from staff and students. Students can also expect to receive 1:1 mentoring.

TO GET INVOLVED

Visit: <https://www.applytocambridge.com/shadowing/apply/>

INTERVIEW PREPARATION

STUDENT EXPERIENCE

SHADOWING

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP

TASTER DAY



STEM SMART (Subject Mastery and Attainment Raising Tuition), which has been around since September 2021, offers additional learning and encouragement to UK state school students studying maths and science at A-level or equivalent.

ELIGIBILITY CRITERIA

STEM SMART is for students who:
have either experienced educational disadvantage or belong to a group that is statistically less likely to progress to higher education and are studying A Levels (or equivalent) in maths and science.

BENEFITS?

STEM SMART provides extra resources to compliment teaching already taking place in schools. It includes weekly online subject specific supervisions with Cambridge academics, and regular meetings to discuss university life with Cambridge student mentors. There is also the opportunity to go on a Cambridge residential stay.

TO GET INVOLVED

The application deadline for the programme is October
To apply for the programme students should complete the online registration.

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



Melanin Medics is a non-profit charitable organisation that aims to support African and Caribbean aspiring medics, medical students and doctors in the UK. The Envision Med Programme is a 15-month programme designed for year 12 students of Black African and Caribbean heritage, including students of mixed race heritage who have aspirations to study Medicine in the UK.

ELIGIBILITY CRITERIA

Strong desire to study Medicine at university and become a Doctor
Be of Black African or Caribbean descent or students of mixed race heritage
Currently in Year 12 at the time of application
Studied at a non-selective state secondary school
Currently attending a non-fee paying sixth form or college
Minimum of 5 grades at 9-6 at GCSE or at least 37 points in IB MYP (Maths, Biology, Chemistry, Physics, English)
Currently studying at least Chemistry +/- Biology at A Levels

BENEFITS?

This programme has been developed to provide both opportunities for you excel academically but also participate in activities that will enrich students both personally and professionally.
You will be paired with a medical student mentor who is a current medical student and attend one-one virtual mentoring sessions over the course of the year.

TO GET INVOLVED

Apply via:

<https://docs.google.com/forms/d/e/1FAIpQLScqFg8inDndWqmTllm0iKw-cwhgoPeQKJ8jNPeKEr0v1YFZLg/viewform>

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



The BMA aspiring doctors programme helps to ensure that all students who are interested in entering medicine have a fair opportunity to do so. They aim to create lasting links between doctors and their local schools by encouraging doctors to give back to their community while helping a greater number of students from diverse backgrounds get into medicine.

ELIGIBILITY CRITERIA

There is no specific eligibility criteria listed on the website.

BENEFITS?

You could benefit in the following ways:

offer insight into the application process and a doctor's career path work experience

help with personal statements and interview practice

help to prepare for admission tests.

TO GET INVOLVED

For more information visit:

<https://www.bma.org.uk/advice-and-support/studying-medicine/becoming-a-doctor/widening-participation-in-medicine>

Or email: info@melaninmedics.com

INTERVIEW PREPARATION

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Sutton Trust Summer Schools offer you the chance to experience what university life is like. From academic taster sessions to social activities, you'll get the chance to meet like-minded young people from across the UK and explore a subject of your choice at a leading UK university.

ELIGIBILITY CRITERIA

You may apply to a UK Summer School if you:

Are studying in Year 12 in England or Wales, Year 13 in Northern Ireland, or S5 in Scotland (or equivalent)

Attend, and have always attended, a state-funded school or college (non-fee paying) in the UK

PLUS the additional criteria on the website that will be considered.

BENEFITS?

The residential summer school is designed to give students a taste of what it's like to study at university. Over the course of a week, you'll increase your subject knowledge, gain practical skills and work in groups just like real university students. The summer school is fully funded including all course fees, materials, accommodation, three meals a day as well as any trips that are part of the summer school and travel expenses.

TO GET INVOLVED

For more information visit:

<https://summerschools.suttontrust.com/how-to-apply/>

Or email:

applications@suttontrust.com

S_CIAL M_OBILITY F_UNDATION®

The social mobility foundations aspiring professionals programme will help you build your network, reach your career goals, develop yourself awareness, and grow your communication skills.

ELIGIBILITY CRITERIA

If you live in England

Currently in Year 12

Achieved four 7s at GCSE

Predicted ABB at A Level or equivalent

Eligible for free school meals, or the first generation to attend university in your family (this depends on where you live so please start your application to check)

Eligibility criteria is listed here: <https://app.socialmobility.org.uk/student#eligibility>

BENEFITS?

Mentoring with a professional via email, tailored skills sessions and career workshops, university application support and guidance, work experience and social impact career advice.

TO GET INVOLVED

Complete the application here: <https://app.socialmobility.org.uk/apply>



The generation medics scholarship programme is designed to give you the insight and information you need to start your career as a doctor.

ELIGIBILITY CRITERIA

You must be over the age of 13, study at a state school and live in the UK.

BENEFITS?

Access a wide range of resources such as:

- the members library
- E courses
- be part of an exclusive community and get in touch with other applicants

TO GET INVOLVED

Complete the application here: <https://generationmedics.org.uk/scholarships/>

Or email: hello@generationmedics.org.uk



My Big Career believes that every individual should have the opportunity to pursue their educational or employment aspirations, regardless of their background. They strive for a stronger society where all areas of life are more fairly represented.

ELIGIBILITY CRITERIA

There is no eligibility criteria listed on the website.

BENEFITS?

Get guidance on applications, CV writing and gain work experience.

TO GET INVOLVED

If you are aged 16-21 and would like to speak to someone about your educational or employment pathways then complete the form below:

<https://www.mybigcareer.org/advice-resources>

or email: info@mybigcareer.org

INTERVIEW PREPARATION

BMAT SUPPORT

UCAT SUPPORT

MENTORSHIP



Brightside connects young people with inspiring mentors to help them make confident and informed decisions about their future.

ELIGIBILITY CRITERIA

There is no eligibility criteria given on the website.

BENEFITS?

Brightside designs and runs programmes, recruits and trains volunteers, as well as facilitates meaningful conversations between mentors and mentees. They have a secure online platform to connect you with mentors

TO GET INVOLVED

Get in touch here: <https://brightside.org.uk/contact>



Zero gravity is a free platform that claims to double your chances of achieving a top uni offer. Become part of their digital community for the inside track on applications, with one-to-one mentoring and masterclasses.

ELIGIBILITY CRITERIA

Sign up today, and they will check if you meet our eligibility criteria. Most students from British state schools are a great fit. You must be in Year 12/13 or S4/S5 at a UK state school to apply.

BENEFITS?

You will be connected you to a handpicked mentor to help you get a uni place. Your mentor will typically be a leading undergrad studying your subject at your dream uni.

Share experiences, get real answers to your questions and help others follow in your footsteps.

The Zero Gravity Fund provides thousands of pounds in scholarships to their most dedicated members. If you're successful in winning a scholarship, you'll receive £1000 a year for three years of your degree. That's big money.

TO GET INVOLVED

Go to <https://app.zerogravity.co.uk/apply/mentee/introductions> to start the process.

INTERVIEW PREPARATION

BMAT SUPPORT

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SCOTLAND





THE UNIVERSITY
of EDINBURGH



University
of Glasgow

Scottish Wider Access Programme (SWAP)

SWAP offers an Access to Medical Studies programme which Edinburgh/Glasgow consider for entry into the MBChB programme. This is a full-time college programme and is aimed at adult learners.

ELIGIBILITY CRITERIA

AAA in Biology, Chemistry and Maths. Applicants must have been out of full-time education for at least 3 years AND have no qualifications above SCQF level 5 (National 5, Intermediate 2, Standard Grade, GCSE or equivalent); OR have been out of full-time education for at least 5 years - if applicant already has qualifications at SCQF Level 6 or above (Highers, A Levels, HN)

BENEFITS?

This course covers all the expected knowledge for a medicine applicant and prepares you for university life. As well as a preparation for higher education
This course covers all the expected knowledge for a medicine applicant and prepares you for university life. As well as a preparation for higher education

TO GET INVOLVED

Email: swap.east@ed.ac.uk or swapwest@scottishwideraccess.org if you have any questions/ require more information.



Glasgow Access Programme (GAP)

The Glasgow Access Programme (GAP) aims to deliver a bespoke pre-medical programme that provides the necessary skills in basic science, communication and professionalism together with immersive experiential opportunity in a clinical context.

ELIGIBILITY CRITERIA

Entry to the programme is restricted to applicants recognised by the University within widening participation, who have obtained a minimum of Scottish Higher of AABB or equivalent (with preference given to those with Higher Chemistry and Biology and one from Physics or Maths), or have completed the Scottish Widening Access Programme through the Further Education route.

BENEFITS?

Successful completion of this foundation year will provide a higher education qualification that will be considered in medicine applications.

TO GET INVOLVED

New Applications should be completed through UCAS. The course Programme Code is A900 and the institution Code is G28.

Email med-sch-gap@glasgow.ac.uk if you have any questions/ require more information.



LEAPS is a widening participation programme which aims to encourage and advise students who are traditionally under-represented in higher education. We support young people in South East Scotland, raising aspirations and providing impartial advice about higher education.

ELIGIBILITY CRITERIA

Any student from a LEAPS Group 1+/1 school, as well as students from LEAPS Group 2 schools who come under the eligibility criteria on their website (including students who are the first to go to university in their family, from a low income background, care experienced, estranged, a young carer and/or lives in one of Scotland's 20% most disadvantaged communities (SIMD20)

BENEFITS?

LEAPS offers workshops to help ease the transition into higher education, as well as helping students with the UCAS application process and supporting students who would like to apply to university (including teaching study/interview skills).

TO GET INVOLVED

Your School should be able to provide you with details about how to get involved with LEAPS, however, their contact details are also stated below:

Email: leaps@ed.ac.uk

Twitter/ Instagram: @leaps1996

INTERVIEW PREPARATION

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You Can Be A Doctor is a Scottish Charity founded and run by a team of doctors and medical students. They support state school pupils who are applying to studying medicine at university and encourage everyone to consider it as an option.

ELIGIBILITY CRITERIA

Any student that lives in an area that is ranked SIMD decile 1-4 or quintile 1-2, receives the Education Maintenance Allowance, an unpaid carer, been/ currently in care, has a disability, receives/ has received free school meals, a migrant/ refugee/ asylum seeker, from a Gypsy, Roma or Traveller background and/or English is not their first language.

BENEFITS?

They work to provide a variety of resources for school pupils, parents, and teachers to ensure equal opportunity for young people from areas and schools that do not have a tradition for producing medical students.

This includes an applicant guide, virtual work experience, application support and interview training.

TO GET INVOLVED

Find their services are on their website: <https://www.youcanbeadoctor.co.uk/>

Contact details:

Instagram/ Twitter - @youcanbeadoctor

LECTURES

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WALES





School of Medicine
Ysgol Meddygaeth

Widening Access to Medicine Mentoring Scheme (WAMMS)

Cardiff University offers mentoring for students in years 11-13 in schools across Wales. They run workshops on the medical school application process.

ELIGIBILITY CRITERIA

Must be in Key stage 4/5 (Years 10-13). No specific widening participation criteria is specified. Workshops are held across Wales, however there is no specification that applicants should be from Wales.

BENEFITS?

Free mentoring and events ran to assist pupils applying to study medicine. Includes the UCAS application, personal statement writing and interview preparation.

TO GET INVOLVED

This activity is organised by Engagement Team, School of Medicine. Contact **Karen Edwards** at edwardske4@cardiff.ac.uk or **+44 (0)29 2074 2104** for more details. You can also email wamms@cardiff.ac.uk.

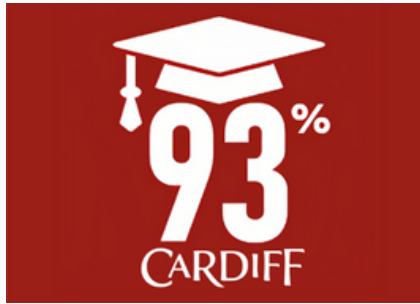
LECTURES

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We're the Cardiff branch (1 of over 45) of The 93% Foundation - an organisation dedicated to social mobility, upskilling and empowering state-educated students so they're not disadvantaged when entering the job market, and creating a network of students who are proud of where they're from and will be our future success stories.

ELIGIBILITY CRITERIA

As this is a university society, there is no specific eligibility criteria to get involved with their events.

BENEFITS?

As this is a university society, there is no specific eligibility criteria to get involved with their events.

TO GET INVOLVED

Visit their website

<https://www.93percent.club/join>



Swansea University Prifysgol Abertawe

Widening Access to Medicine Society

Swansea WAMS is a student-led society focused on supporting future medicine hopefuls in the local area and over Wales with varying aspects of their applications. We are assisted by Swansea University Medical School and have a close working relationship with their Admissions Team

ELIGIBILITY CRITERIA

Currently, only GEM students should join this society and help in running the events this society offers, as they will hold the necessary experience and qualifications to deliver its support sessions. For students who are looking into attending sessions, there is no specific criteria.

BENEFITS?

Free mentoring and events ran to assist pupils applying to study medicine. Includes the UCAS application, personal statement writing and interview preparation.

TO GET INVOLVED

This activity is organised by Engagement Team, School of Medicine. Contact: **Karen Edwards at edwardske4@cardiff.ac.uk** for more details. You can also email **wamms@cardiff.ac.uk**.

LECTURES

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NORTHERN IRELAND





QUEEN'S UNIVERSITY BELFAST

The Pathway Opportunity Programme gives students the opportunity to prepare for university life through activities at the University campus.

ELIGIBILITY CRITERIA

If you live in Northern Ireland & Year 1 of A level studies.

A more extensive criteria can be found on the Pathway Opportunity Website

BENEFITS?

The Pathway opportunity programme will give you the opportunity to:

reduced grade conditional offer / guaranteed interview.

Receive a Bursary & Summer School opportunity

Meet like-minded students & get to know a range of Academics and staff.

Improve study skills, confidence and knowledge.

Get support and help with applications.

TO GET INVOLVED

Applications for the programme will open in October.

More information visit:

<https://www.qub.ac.uk/directorates/sgc/wpu/Post16Programmes/PathwayOpportunityProgramme/Applicationsfor2023/>

LECTURES

INTERVIEW PREPARATION

RESEARCH EXPERIENCE

BMAT SUPPORT

UCAT SUPPORT

TASTER DAY

NORTH EAST





The PARTNERS programme has supported over 8,000 students at Newcastle University. It offers a multitude of opportunities and support in making your application to Newcastle university

ELIGIBILITY CRITERIA

Find the eligibility criteria here:

<https://www.ncl.ac.uk/partners/how-to-apply/eligibility/>

BENEFITS?

By completing the PARTNERS summer school and additional PARTNERS events you could get a head start in higher education. There will also be ongoing support once you start university and a possible bursary to help you financially.

TO GET INVOLVED

To apply visit:

<https://www.ncl.ac.uk/partners/how-to-apply/>

Alternatively register your interest:

<https://belong.ncl.ac.uk/partners-register-interest>.

LECTURE

INTERVIEW PREPARATION

MENTORSHIP

TASTER DAY

NON-TRADITIONAL ROUTE INTO MEDICINE



Realising opportunities brings leading research intensive universities together to promote fair access to university through a structured programme. The scheme supports students to make informed decisions about their next steps. Alternative offers are also available for those who successfully complete the programme.

ELIGIBILITY CRITERIA

Realising Opportunities has a very comprehensive eligibility criteria. Please visit <https://realisingopportunities.ac.uk/eligibility> for more information

BENEFITS?

RO students benefit from increased information, advice and access to some of the country's leading research intensive universities. Students accepted on to RO follow a programme which ensures they are better equipped for university life and what research intensive universities can offer.

TO GET INVOLVED

Applications will reopen in Autumn 2023 for students entering Year 12/first year of college



Newcastle University considers student achievements in the context of their circumstances when assessing applications through the contextual offer scheme.

ELIGIBILITY CRITERIA

Contextual data from your UCAS form and application will be used by the Undergraduate Admissions Team to account for challenges that you may have faced in your education and the potential effect this may have had on your qualifications

BENEFITS?

If you are eligible for the contextual offer scheme you will be given an offer two grades lower than the typical offer for the programme to which you have applied. Please note that the offer is dependent on UCAT and interview score.

HOW TO GET INVOLVED

There's nothing extra that you need to do other than submit your UCAS form in the usual way by the usual deadline and your circumstances will be taken into account through the application process.



Pathways to Medicine is part of the Sutton Trust and provides support through skills sessions, admissions support, mentoring and meeting with experts. It aims to help you decide if medicine is the degree for you and prepare you for higher education.

ELIGIBILITY CRITERIA

Attend, and have always attended, a state-funded, non fee-paying school/college
Be in Year 12 at the start of the programme
Be studying science at A Level
Live within a reasonable commuting distance of the university you are applying to. (Usually one hour's travel time one way)

BENEFITS?

The course lasts two years and includes a comprehensive programme of academic and medicine specific support including work experience and online mentoring. Participating students receive a lower conditional offer however this is dependent on UCAT and interview score.

TO GET INVOLVED

Applications open in September and close in December. You can apply via: <https://pathways.suttontrust.com/>

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University of Sunderland

The University of Sunderland runs a two-day Medicine Summer School in July for Year 12 students. It offers the opportunity to both experience life as a medical student and gain the skills and confidence needed to apply for Medicine

ELIGIBILITY CRITERIA

Those that meet two or more of the Office for students criteria and live in the North East of England or Cumbria

Those that live in the North East of England or Cumbria

Those that meet two or more of the Office for students criteria and live elsewhere in the United Kingdom

BENEFITS?

If you meet two or more of the Office for Students (OfS) criteria, attending and completing the Medicine Summer School will guarantee you a Multiple Mini Interview (MMI) so long as you meet the GCSE, A Level, and UCAT requirements.

TO GET INVOLVED

Register your interest via this link: <https://www.sunderland.ac.uk/open-days/medicine-summer-school/#register>

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University of Sunderland

The contextual offer scheme takes into account student's personal circumstances and disadvantages which affect how well they do at school. Contextual offers ask for lower grades than a regular offer to balance this out.

ELIGIBILITY CRITERIA

This is for applicants that fulfil both local (North East and Cumbria) and Widening Participation POLAR 4 quintiles 1 and 2 (home address) criteria. You can check your postcode on the Office for Students website. Applicants must still meet the normal entry requirements, including the required UCAT score.

BENEFITS?

If you meet the eligibility criteria then your offer will be reduced.

TO GET INVOLVED

Email any questions to: medicineapplications@sunderland.ac.uk.

NORTH WEST



Manchester Access Programme

A skills-based programme to help prepare local Year 12 students for university.

ELIGIBILITY CRITERIA

This programme is open to people who live in Greater Manchester or study at a school or college in Greater Manchester.

BENEFITS?

Over four in person and online taught modules, you will get a taste of university life as well as gain skills in research, referencing academic writing, and communication. Additionally, If you study at The University of Manchester, you'll receive an annual scholarship worth £1,000 per year.

TO GET INVOLVED

Application is via an online application form. Information about MAP 2024 will be published in October 2023 at:
<https://www.manchester.ac.uk/study/undergraduate/contextual-admissions/map/how-to-apply/>



Edge Hill University

Edge Hill University - Widening Participation programme is aimed at Year 12 students from diverse backgrounds. For 2023 and 2024, the programme will be part of the Medical Schools Council Pathway Programme. This is funded by Health Education England and in partnership with Liverpool, Lancaster, and Manchester Medical Schools.

ELIGIBILITY CRITERIA

Specifics of widening participation can be found here:

<https://www.edgehill.ac.uk/departments/academic/medicalschool/widening-participation/>

BENEFITS?

In a series of five free events over two years the programme will combine online activity days with an on-campus visit to Edge Hill and will culminate in a residential summer school where you will stay at Edge Hill University and visit partnering medical schools on separate days.

TO GET INVOLVED

Applications via the online form close in February but If you have any questions, or would like to join a mailing list for updates regarding the Pathway Programme, please email ehuwam@edgehill.ac.uk.



Keele University

Keele has a variety of schemes you may be eligible for depending on your circumstances and experiences. If you are eligible, you will receive a reduced offer or additional consideration.

ELIGIBILITY CRITERIA

Currently living in **POLAR4 quintiles 1 and 2)**

Currently living in an area of relative deprivation (**IMD quintiles 1 and 2)**

Care leavers who have spent any time in local authority care, either with foster carers or in a children's home (or in Scotland under a home supervision order)

Refugees, Asylum Seekers or those under Humanitarian Protection.

BENEFITS?

Participation in steps2Medicine OR alternative UKWPMED programme gives you an automatic interview and a 2 grade offer reduction. While you can get a 1 grade reduction if EPQ grade A or A* and a 1 grade reduction if you get Core Maths grade A. Additionally, if you live in the Stoke-on-Trent and the Potteries, Staffordshire, or the wider countryside between Greater Manchester and the West Midlands conurbation you can get an adjusted offer.

TO GET INVOLVED

Keele will automatically apply the alternative offer when considering your application and it will be visible in your offer text



Keele University

Keele Steps2Medicine is a unique opportunity for year 12 students to prepare for making a medical school application. It is designed to increase the numbers of successful applications to medical school from students belonging to under-represented groups.

ELIGIBILITY CRITERIA

As well as meeting all the usual widening participation criteria, participants must also complete a 250 word personal statement explaining why they would benefit from the programme.

BENEFITS?

The programme allows you to learn about the role of a doctor, take part in lab based sessions, complete GP placement in Staffordshire, complete a poster assessment as well as benefit from MMI and interview preparation. On completion of the program you will receive a reduced offer from Keele. If you apply to study medicine at participating medical schools, you will receive the same consideration offered to graduates of the WP programme delivered by that medical school.

TO GET INVOLVED

Details of the programme and the eligibility criteria are made available via participating schools and colleges so if you think you are eligible speak to your college tutor. Get in touch by emailing outreach@keele.ac.uk

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RESEARCH EXPERIENCE



The Manchester college access to HE Diploma is a qualification worth three A levels designed for adults who would like to go on to study at university. The diploma meets the QAA Descriptors for Medicine as required for certain universities.

ELIGIBILITY CRITERIA

GCSE English and maths at grade 6/B or ab over or IELTS at 6.5 or above with no aspect under 6.0 in place of GCSE English. If you don't meet these requirements the level 2 program gives the opportunity to take GCSEs in Maths and English. Further details can be found at <https://www.tmc.ac.uk/courses/pre-access-skills-applied-science-and-engineering/>

BENEFITS?

The Access to HE Diploma includes Biology, Maths and Chemistry modules as well as including developmental units to enable development of academic skills in preparation for university. You will also gain support in UCAS applications, personal statements and be provided with an academic reference.

TO GET INVOLVED

Apply via the online form at:
https://apply.tmc.ac.uk//Page/CreateAppPersonalDetails?UIIds_inList=652201,652202



This programme has been created to provide advice, skills and support to strengthen your application for medicine and related professional healthcare courses through helping you with applications and preparing for interviews.

ELIGIBILITY CRITERIA

To take part in this programme you must be from the North West of England and also be in Year 12 at the time of application as the programme extends into year 13.

BENEFITS?

There will be multiple sessions including information sessions where you can meet academics, current students and members of the admissions team, a medical degree taster session, an application advice session with UCLAN admissions and student recruitment teams as well as an interview support session. As a student on our Pathways to Medicine programme you will also be eligible for two generous scholarships.

TO GET INVOLVED

Apply via the online form at:

<https://uclan.onlinesurveys.ac.uk/scholars-programme-2023>

Or contact:

scholars@uclan.ac.uk

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Lancaster University Medical School

This programme aims to help you to both explore medicine and apply to medical courses. You'll find out what it's like to learn at Lancaster Medical School as well as receive advice on making a successful application to study a medical degree.

ELIGIBILITY CRITERIA

Access to Medicine is for year 12 students with an interest in studying medicine at university.

BENEFITS?

Taking part in this program will allow you to gain insight into studying medicine. You'll be able to prepare for the BMAT and Multiple Mini Interviews as well as receive information, advice and guidance that will help you understand the selection process. You will also develop a range of transferrable skills such as teamwork and independent study skills. You could also be offered a guaranteed interview should you choose to apply for a degree in Medicine and Surgery at Lancaster Medical School in the future.

TO GET INVOLVED

Due to staffing capacity, Access to Medicine will not run this academic year (2022–2023) but should in future years.

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This three day widening participation summer school for Year 12 students which takes place at both the University of Liverpool campus and in local hospitals. It runs in July and is free to those who take part.

ELIGIBILITY CRITERIA

Destination Medicine is for students from Merseyside or one of the University of Liverpool Widening Participation and Outreach Partner schools who have a widening participation background.

BENEFITS?

This programme includes workshops and hands on sessions to enable you to create a successful application. The activities include workshops covering medical interviews, aptitude tests (UCAT), additional entry requirements and personal statements for medicine. You will also get experience in a local hospital, getting experience of a clinical setting and the opportunity to work with medical professionals.

TO GET INVOLVED

Complete the expression of interest form at: <https://www.liverpool.ac.uk/widening-participation/post-sixteen/destination-medicine/>

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YORKSHIRE





Hull York Medical School Pathway to medicine program (with the Sutton trust) will allow you to find out more about medicine through meeting current undergraduates, attending workshops and receiving online mentoring.

ELIGIBILITY CRITERIA

Applications in the following local authority areas are prioritised, East Riding of Yorkshire, Kingston upon Hull, North East and North Lincolnshire, North Yorkshire and York. Applications from Darlington, Hartlepool, Middlesbrough, Redcar and Cleveland, Stockton on Tees, and West Yorkshire will also be considered You must be in year 12 at the start of the programme.

BENEFITS?

Have the opportunity to explore whether medicine is the right path for you, and get the skills, confidence essential knowledge to get into higher education and the world of work.

TO GET INVOLVED

Applications open at the start of September.

Email: pathways@hyms.ac.uk

Telephone: +44 (0)1904 326380



UNIVERSITY OF LEEDS

Access to Leeds is the University of Leeds' contextual admissions scheme which guarantees special consideration for applicants whose personal circumstances may have affected their ability to demonstrate their talent and potential through grades alone.

ELIGIBILITY CRITERIA

The Access to Leeds scheme is not available for applicants who already hold an undergraduate degree, or those taking an Access to Higher Education or foundation qualification. If you receive an offer for medicine, you need to make the University of Leeds your firm choice in order to remain eligible for your Access to Leeds offer.

BENEFITS?

There is a short-study skills module and assignment for you to complete that will get you ready for university. This has many benefits in helping to prepare you for university life, including learning about academic skills and study techniques, and introducing you to the University campus and facilities.

TO GET INVOLVED

You can apply for Access to Leeds directly if you meet the Access to Leeds eligibility criteria. There is an online form of which a teacher, tutor or careers adviser completes sections 4, 5, and 6. You can find out more at: <https://www.leeds.ac.uk/access-to-leeds/doc/access-leeds-application-guidelines>



The
University
Of
Sheffield.

Sheffield University has a lot to offer with its Discover Medicine, Discover Sheffield and Realising Opportunities (RO) schemes. There are also routes of entry for Home students from Widening Participation backgrounds on certain courses at the University of Bradford and Sheffield Hallam University.

ELIGIBILITY CRITERIA

Applications are encouraged from local students of under-represented groups. To find out if you are eligible, you must fill in an online form and it be submitted to medadmissions@sheffield.ac.uk. The deadline is 5pm on 4 July 2023. <https://www.sheffield.ac.uk/medicine/undergraduate/widening-access#>

BENEFITS?

Through these schemes you can expect to have the opportunity of one to one support, exam revision help, summer schools, workshops and lower grades. Find out more at:

<https://www.sheffield.ac.uk/outreach/post16/soams>

<https://www.sheffield.ac.uk/schools/programmes/discover-sheffield> <https://www.sheffield.ac.uk/outreach/post16/ro>

TO GET INVOLVED

Talk to the head of your sixth form or your course leader to find out if you are eligible. You'll then have to fill in an online application form via your school/college coordinator. For more information about Discover Medicine, please contact: r.haire@sheffield.ac.uk and for the Realising Opportunities scheme: ROSheffield@sheffield.ac.uk

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WEST MIDLANDS





Wesleyan Pathway to Medicine

The 18 month Wesleyan Pathway to Medicine programme aims to help expand knowledge, develop skills, and give an insight into what university life is really like to students hoping to study medicine at university.

ELIGIBILITY CRITERIA

You must be a student at a school/ college in the West Midlands who will be entering Year 12 in September. You also need to be studying both Chemistry and Biology A Level and have achieved at least six GCSEs level 6 and above. Students also need to meet at least one of the widening participation criteria described on the website.

BENEFITS?

Successful applicants will receive many benefits including medicine and healthcare subject taster days, work experience preparation sessions, A Level revision boot camps, academic tutoring and specialist interview preparation workshops. Students will also hear from practicing healthcare professionals from across the region and meet current Aston University healthcare students. On successful completion of the programme, students may be eligible for a Pathway Contextual Offer.

TO GET INVOLVED

Applications open in July at <https://www.aston.ac.uk/sro/pathway-to-medicine>



Keith Bradshaw Introduction to Healthcare Programme

The Keith Bradshaw Introduction to Healthcare programme aims to introduce students to the wide range of careers in healthcare. It strives to educate young people about opportunities within healthcare and the importance of achieving the right GCSE grades in order to pursue them.

ELIGIBILITY CRITERIA

You must be in year 8, 9 and 10 Students and attend a school in the West Midlands that is partnered with the programme. Priority on the programme is given to those students from Widening Participation backgrounds.

BENEFITS?

Take part in interactive science workshops in your school, at Aston University's campus and online. Gain an insight into studying a degree in healthcare at university and into the application process.

TO GET INVOLVED

Your school must apply to become a partner school (if it isn't already). You could ask the careers advisor or head of science to apply before the deadline on the 7th October. You will then need to complete an individual application form by the 21st of October to be considered for the programme.



Dr.eam is a free 6-week course run by current medical students at the University of Birmingham that aims to support year 12 students in pursuing medicine. The sessions aim to help students prepare a competitive application for Medicine and provide insight into the career!

ELIGIBILITY CRITERIA

The programme is open to students in the West Midlands and Birmingham from Widening Participation backgrounds. The full criteria can be found here: <https://www.bwams.co.uk/dr-eam-medicine-programme>.

BENEFITS?

Sessions are delivered to focus on the various aspects of the Medicine application process to help make you a better candidate. There are six engaging sessions designed to support applicants through each stage of the Medicine application process. Each session will comprise of a short lecture delivered by medical students and small group activities for in-depth discussion.

TO GET INVOLVED

Email: uobwams@gmail.com for more information.

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UNIVERSITY OF BIRMINGHAM

Routes to Professions (R2P) programme

The Routes to Professions (R2P) programme offers year 12 students to gain insight into what it is like to study at university. Pupils taking part in R2P will be partnered with a University student mentor who can offer access to tailored advice and support throughout the programme.

ELIGIBILITY CRITERIA

If you are in year 12 and looking to study medicine at Birmingham, check your eligibility here: <https://www.birmingham.ac.uk/teachers/year-12/pathways-to-birmingham/pathways-to-birmingham-eligibility-criteria.aspx>

BENEFITS?

Students who successfully complete the programme and apply to the University will receive special consideration from admissions tutors. A successful application will lead to a two grade entry requirement reduction as well eligibility for financial support. You will get a guaranteed interview on the Medicine and Surgery MBChB course if you successfully complete the R2P Medicine/Dentistry programme and meet the criteria listed on the website.

TO GET INVOLVED

Contact r2p@contacts.bham.ac.uk or apply via the website at: Routes to the Professions scheme - University of Birmingham

EAST MIDLANDS





Pathways programme

Nottingham Universities Pathways programme in partnership with the Sutton Trust offers you the perfect opportunity for you to boost your application.

ELIGIBILITY CRITERIA

To apply, you must attend and have always attended, a state-funded, non fee-paying school/college, be in Year 12 at the start of the programme, live within a reasonable commuting distance of the University of Nottingham and be studying three or more A levels, including Biology and Chemistry.

BENEFITS?

Pathways to Medicine is a free programme delivered by the University of Nottingham aimed at Year 12 and 13 students interested in a medical career. The programme will provide ongoing support to its members in Year 12 and 13 through a series of medicine-related masterclasses, information, advice and guidance sessions. Please note – all on campus sessions will take place at the University of Nottingham.

TO GET INVOLVED

For more information visit: <http://www.suttontrust.com/our-programmes/pathways-to-medicine/>

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Nottingham Summer School

Nottingham summer school is a unique opportunity for high-achieving Year 12 students from the Midlands to gain an insight into university life, and have a taster of your course. You'll be on campus for a week of living, learning and socialising like a university student – for free!

ELIGIBILITY CRITERIA

To apply for the summer school, you must be a home UK student in Year 12 or S5 in Scotland, attend, and have always attended, a state-funded, non fee-paying school/college and be studying relevant subjects in relation to the subject stream you are applying for.

BENEFITS?

During the in-person summer school you will spend five days with the University and enjoy academic, social and personal development activities – all for free! After the summer school, you will have access to a wealth of UCAS resources and webinars – as well as direct chat with our student ambassadors. You will also be eligible for an enhanced contextual offer and the Nottingham Potential Bursary worth £1000 for each year of undergraduate study!

TO GET INVOLVED

Visit: <https://www.nottingham.ac.uk/schoolsliaison/services/sutton-trust-summer-school.aspx>

Contact summer-school@nottingham.ac.uk for more information.



UNIVERSITY OF
LEICESTER

MedReach

The aim of MedReach is to help disadvantaged people from the East midlands access Leicester University. It is a collaboration between the medical school, university outreach team and current medical students.

ELIGIBILITY CRITERIA

There is currently no eligibility criteria listed on the website.

BENEFITS?

MedReach offers a multitude of activities including two summer schools, one aimed at year 10 students and one aimed at post-16 students. The latter also offers MMI and UCAT preparation.

TO GET INVOLVED

Email progression@le.ac.uk for more information

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UNIVERSITY OF
LEICESTER

Access Leicester: Medicine

AccessLeicester: Medicine is an 18 month programme that aims to support you with your application to medical school.

ELIGIBILITY CRITERIA

To be eligible for AccessLeicester: Medicine, you must meet all of the essential criteria and two or more of the priority criteria found here:

<https://le.ac.uk/study/schools-and-colleges/post-16/access-leicester-medicine>

BENEFITS?

Through this 18-month programme you will have the opportunity to attend a variety of medicine related conferences, attend a medicine residential summer school, get support with your UCAT admission test, attend a mock medical school interview, learn about different disciplines within Medicine and experience other Allied Health Professions.

TO GET INVOLVED

Fill in the application form online:

<https://data.heat.ac.uk/event/apply/le/accessleicester-medicine-2022-2024>

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EAST OF ENGLAND





Anglia Ruskin University

Widening Participation Criteria

Anglia Ruskin University offers people from widening participation backgrounds a lower offer.

ELIGIBILITY CRITERIA

Find the eligibility criteria here:

<https://aru.ac.uk/study/undergraduate/medicine/how-to-apply>

BENEFITS?

Applicants meeting our criteria are eligible for a lower offer at A Level of ABB rather than AAA.

TO GET INVOLVED

When you make a Medicine application to ARU, they will provide a Widening Access to Medicine (WAMS) application/questionnaire with their acknowledgement email. Applicants are required to complete and return the form to them with any necessary supporting evidence, within 14 days of the acknowledgement email. Please note they are unable to consider late WAMS claims.



UNIVERSITY OF CAMBRIDGE

CamWAMS

CamWAMS is a society run by students at the university of Cambridge that puts on events, gives application tips, and insight into life as a Cambridge medic! They seek to address all forms of access issues ranging from work experience to interview practice.

ELIGIBILITY CRITERIA

Anyone can get involved with events.

BENEFITS?

Gain access to resources on applying to medicine, sign up to the mentorship scheme, where you'll be paired up with a Cambridge Medic and attend events such as mock interviews and application preparation days.

TO GET INVOLVED

Follow their instagram: <https://www.instagram.com/camwams/>

Email:

general@camwams.co.uk

access@clinsoc.ac.uk

access@cambridgemedsoc.com

LONDON





**London Med
Summer School**



The London Med Summer School is an online programme which brings together four of London's medical schools (King's College London, Queen Mary University of London, St George's University of London and University College London) to give 75 Year 12 students from across England an opportunity to find out what it is like to study medicine in London.

ELIGIBILITY CRITERIA

Live in England but outside Greater London and be in year 12, attended only non-selective state schools, sixth forms, or colleges since age 11, studying A-level biology and chemistry. Applicants are prioritised based on widening participation criteria or are from a priority group (interested in working with students who are currently in the care of their local authority or are care experienced). Students from certain areas in England will also be prioritised.

BENEFITS?

Participants will have the opportunity to experience lectures and workshops ranging on topics such as ethics and law to clinical and professional practice. Attendees will experience differing teaching styles and engage with staff, health care workers and students across all four London institutions. This week-long virtual summer school will breakdown the essentials to consider when applying for medicine, provide insight into the degree course, and give students a taste of what it might be like to study medicine in London.

TO GET INVOLVED

If you would like to contact the event hosts with any questions or concerns about the data we hold or if you would like any further information please contact the SGUL Widening Participation team by emailing wp@sgul.ac.uk

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Pathways to Medicine

This programme supports highly motivated young people from state-funded schools and colleges who demonstrate a keen interest in pursuing a career in medicine. The programme recruits year 12 students at the beginning of their A-level (or equivalent) courses and provides ongoing support into year 13.

ELIGIBILITY CRITERIA

Year 12 students who have a passion for STEM subjects and interest in medicine.
Living & attending a school within one hour of Imperial's South Kensington campus
Have always attended a state-funded, non fee-paying school or college.
Studying Biology & Chemistry at A level, 5+ GCSES grade 7-9
Meet the Sutton Trust Criteria (see website)

BENEFITS?

Every aspect of the programme is designed to help you make a strong and informed application to study medicine at university. Events are delivered online and, where possible, on-campus at Imperial. Activities could include talks by admissions tutors, academics and practicing clinicians, opportunities to meet and interact with Imperial medical students (including eMentoring) and professional insight and university experience days.

TO GET INVOLVED

Information on how to sign up visit their website -
<https://www.imperial.ac.uk/be-inspired/schools-outreach/secondary-schools/stem-programmes/pathways-to-medicine/>
General enquiries - email pathways@imperial.ac.uk

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Vision is an established society at Imperial College School of Medicine with the aim of widening participation in medicine. They run conferences advising students from non-selective state schools on all aspects of the medical school admissions process.

ELIGIBILITY CRITERIA

There is currently no clear selection criteria advertised on their website.

BENEFITS?

1-day BMAT/UCAT crash course - provide an introduction to the Medicine admission test (~July)

Junior Medics Conference - stations giving insight into life as a Medical student for Year 11 and Year 12 (~December)

Vision Senior Conference - mock interviews, lectures & personal statement workshops (~September)

TO GET INVOLVED

Sign up on their website

<http://www.icsmvision.co.uk/events.html>

General enquiries

visioninfo@imperial.ac.uk

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King's College London K+ Medicine

K+ Medicine is a two-year widening participation programme run by King's College London. It is designed for year 12 and 13 students in London and some parts of Essex who have the potential to go to the best universities in the country but need support to get there.

ELIGIBILITY CRITERIA

Year 12, living in Greater London or South Essex and attending a non-selective state school.

A larger list of requirements and eligibility can be found in their website.

BENEFITS?

Includes university taster days, subjects taught by university lecturers, advice on student finance, work experience, academic support for A levels.

Students who successfully complete K+ also receive a 2-grade reduced offer on most courses at King's College London and up to a £1000 bursary in the first year if they decide to come and study here.

TO GET INVOLVED

Sign up on their website

<https://kplus.uk/apply/>

For more information and help, email

kplus@kcl.ac.uk

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Medicine and Dentistry Lecture Series

The King's College London Medicine and Dentistry Lecture Series 2023. programme is for students across the UK in Year 11, 12, and 13 who have only attended non-selective state schools since age 11 and are interested in becoming a doctor or dentist. Lectures will be held online on Tuesday evenings at 6:00-7:15pm and will run throughout 2022.

ELIGIBILITY CRITERIA

You must be in Year 11, 12, or 13 or on a gap year prior to applying to university, and have attended only non-selective state schools, sixth forms, or colleges since age 11.

BENEFITS?

Hear from a variety of guest speakers from different specialties in medicine and dentistry. Learn about the application process with sessions on the UCAT, Personal Statements, and Interviews.

TO GET INVOLVED

For more information visit: <https://kplus.uk/apply/>
For more information & help
contact the Widening Participation Department on
outreachformedicine@kcl.ac.uk



King's is a proud partner of IntoUniversity and is the sponsor and lead partner for the charity's Kennington Centre. The Outreach for Medicine team offer clinical skills workshops to IntoUniversity led by EMDP ambassadors at King's College London. During the workshop, students will learn and practice clinical skills (such as CPR and blood taking), revise GCSE biology, and have the chance to ask university related questions to King's medical students.

ELIGIBILITY CRITERIA

There isn't any specific eligibility criteria for this opportunity.

BENEFITS?

Successful applicants will participate in the following activities:

A clinical experience with King's medical school or dental school.

Interactive workshops, including practice of clinical skills.

Advice and guidance on sitting the UCAT and preparing for interviews.

Learning about the opportunities and challenges of a career in medicine or dentistry from practising medics and dentists.

Finding out more about the student experience.

TO GET INVOLVED

Email: kennington@intouniversity.org

Or go to: IntoUniversity Kennington - IntoUniversity to find out more.

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Target Medicine

Target Medicine is UCL Medical School's widening participation initiative aimed at raising the attainment and aspirations of young people from backgrounds underrepresented in higher education and medical school.

VARIOUS SCHEMES

Each scheme has their own eligibility criteria. Please see website for more information

Become - 1-day event for Year 9 & 10 students of African and Caribbean descent to explore what it might be like to study medicine

Summer School - week-long non-residential programme for Year 11 students considering medical school as an option for them.

Summer Challenge - 6 weeks for Year 12 students whose parents have not been to university. Students explore why medical ethics is important for those who work in health care and explore different perspectives on a range of ethical issues.

Mentoring Scheme (TMMS) is a year-long programme for Year 12 students from underrepresented backgrounds with the potential and desire to go to medical school.

TO GET INVOLVED

For more information visit:

To speak to UCL Medical School Senior Access Officer about becoming involved with us please email:

targetmedicine@ucl.ac.uk

INTERVIEW PREPARATION

NON-TRADITIONAL ROUTE INTO MEDICINE

BMAT SUPPORT

UCAT SUPPORT

STUDENT EXPERIENCE

TASTER DAY



We are a student-run society based at Barts and The London, Queen Mary's School of Medicine and Dentistry. The society is dedicated to supporting sixth form students in local state schools as they take their first steps towards a career in medicine or dentistry.

VARIOUS SCHEMES

Buddy Scheme - Team of current medical and dental students at Barts and The London

(BL) will be allocated to a local school to mentor potential students.

Medical skills day - through this event, sixth-formers are prepared for university entrance exams, give personal statement guidance and hold discussions of key interview topics.

Mock interviews - following submission of UCAS applications, we hold mock interviews for sixth-form students, led by BL students themselves. Covering both multiple-mini and panel interviews, this is an excellent opportunity for students to gain invaluable feedback.

Clinicians' evening - Admissions tutors, clinicians and current students deliver inspirational talks covering life as a medical/ dental student. A talk dedicated to learning about a career in medicine is led by the dean of Barts and The London, Professor Anthony Warrens. Through this event, we also cover important topics such as understanding student finance.

TO GET INVOLVED

For more information please email:
samda@bartslondon.com

INTERVIEW PREPARATION

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MENTORSHIP

TASTER DAY

SOUTH EAST





UNIVERSITY OF
OXFORD

UNIQ Summer School

The UNIQ summer school provides an opportunity for students from diverse backgrounds to look deeper into medicine (or any subject you are interested in studying) and how it is taught at Oxford.

ELIGIBILITY CRITERIA

Year 12/13/ S5

State School backgrounds are prioritised, academic attainment (GCSE/ National 5 scores) is used to select applicants. Educational and socio-economic background is also considered.

BENEFITS?

UNIQ offers both an in-person residential in Oxford and an online support programme. It is free and gives students the opportunity to see if Oxford is right for them. UNIQ students get to work with our academics in face to face lectures, labs and tutorials. UNIQ enables students with similar interests in local regions and across the UK to connect with each other through social and academic activities.

TO GET INVOLVED

University Offices, Wellington Square, Oxford, OX1 2JD
uniq@admin.ox.ac.uk (The best way to contact) 01865 280126

LECTURES

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Future Doctors Outreach Programme

The Kent and Medway Future Doctors Outreach Programme is designed to make young people aware of the potential careers in medicine and healthcare, and includes local school visits for Years 7-13, an introduction to medicine day for Year 12s, work experience advice and application support for Years 11-13, as well as a virtual medical society for Years 9-13.

ELIGIBILITY CRITERIA

The school visits are to local partner schools in Canterbury/ Kent, however no other specific eligibility criteria is stated.

BENEFITS?

The Future Doctors Outreach Programme provides an opportunity for students to gain a greater insight into the medical field, as well as gain advice from the medical school/ current students and staff directly about the application process. It is also completely free!

TO GET INVOLVED

Find more information and tips at: <https://kmms.ac.uk/about/future-doctors-outreach-programme/>
or email futuredoctors@kmms.ac.uk

LECTURES

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SHADOWING

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MENTORSHIP



Widening Access to Medicine Society (WAMSoc) Southampton is a student led initiative which aims to equalise the platform for potential medical students. We lead a variety of schemes and projects, free of charge, to help students dream bigger and achieve more.

ELIGIBILITY CRITERIA

There is no specific criteria, however some events are held at local schools.

BENEFITS?

Free interview practice sessions, buddy days (where you can attend a taster day shadowing a University of Southampton Medical student), free eMentoring for medicine applicants, and more! They also host an annual conference to cover key interview topics, personal statement and even insights from current medical students about the process.

TO GET INVOLVED

Email - wamsocsoton@gmail.com

Instagram - @wamsocsoton

Twitter - @WAMSoc_soton

SHADOWING

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Widening Access to Medicine Taster Course

The University of Southampton runs a 4-day Medicine Taster Course for aspiring medics, designed to increase the applicant's knowledge of the role of doctors and the training they undergo. 2 days are live virtual work experience and 2 days are in person

ELIGIBILITY CRITERIA

Year 12 students who want to study Medicine through a widening access programme or contextual admissions route. They would need to be studying A Level Biology with another science, and meet two of the eligibility criteria on their website.

BENEFITS?

The event includes work experience, including experiencing ward rounds, outpatient clinics, and speaking to medical students/ clinicians. There will also be practical workshops to teach clinical skills, as well as interview techniques training and application support (including UCAT practice).

TO GET INVOLVED

Apply on the university website.

For more information, please contact outreach@soton.ac.uk

RESEARCH EXPERIENCE

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BrightMed/ BrightIdeas

BrightMed and BrightIdeas are both schemes for school/ sixth form students from Sussex to gain a greater insight into medicine as a career pathway, and helps to increase awareness of the routes into healthcare.

ELIGIBILITY CRITERIA

Students will need to meet all of criteria 1 (academic potential, interest in science/ medicine and interest in programme), and two of criteria 2, which includes contextual information e.g. being a carer, first in your family to access higher education, etc.

BENEFITS?

BrightMed is for Years 9-13 and BrightIdeas is for Year 12. Both schemes provide application support and provide opportunities to gain a greater insight into the medical field. BrightMed covers topics such as introduction to anatomy and patient history taking, as well as study skills/ research and UCAS applications. If you meet the criteria, you may also be eligible for a guaranteed interview.

TO GET INVOLVED

Applications are taken directly from their website. For any queries: outreach@bsms.ac.uk

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BSMS Outreach Programme

BSMS offers a range of activities for secondary and college students and provide the unique opportunity for students to learn more about different aspects of medicine, career pathways and how to get into medicine.



ELIGIBILITY CRITERIA

There is no specific eligibility criteria stated on their website, However they do accept contextual applicants for their medicine programmes.

BENEFITS?

The outreach programme provides a range of opportunities to gain an insight into medicine, including open lectures (on topics such as admissions and current medical research), online talks, virtual work experience, an outreach newsletter, and online resources including a reading guide. They are all free on their website.

TO GET INVOLVED

For the Outreach Team on Twitter, follow @BSMSOutreach For the Outreach Team on Instagram, follow @bsmsoutreach For the Admissions Team on Twitter, follow @BSMSAdmissions

SOUTH WEST





University of Exeter

Medical School

Outreach with Schools

The College of Medicine and Health offers a range of activities for students who want to find out more about medical and health related sciences. These include in-school and on-campus visits, shadowing, and workshops. They offer appropriate activities for students from year 10 to year 13 to allow them to make an informed choice about whether this area of science could be the career for them.

ELIGIBILITY CRITERIA

Many of these activities are for students in Devon and Cornwall (and surrounding areas), however no other specific criteria is stated. Contextual data is taken into consideration for medicine applications to the university.

BENEFITS?

Activities involve shadowing medical students and clinical work experience. The Exeter Scholars programme is also closely related, where you can gain first-hand experience of student life at the University of Exeter.

TO GET INVOLVED

Visit the website -

<https://medicine.exeter.ac.uk/about/community/schools/or>

Email - medicalschoolloutreach@exeter.ac.uk

INTERVIEW PREPARATION

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Insight into Bristol Summer School

Insight into Bristol is a free Summer School for students from a diverse range of backgrounds to experience what it is like to be a student at the University of Bristol.

ELIGIBILITY CRITERIA

You must be in year 12, attend a non-fee paying school/ college, identify as BAME, and be eligible for home UK fee status. You are more likely to gain a place if you meet contextual entry requirements for medicine (including GCSEs) and the other contextual criteria on their website.

BENEFITS?

Participants on the summer school will get the opportunity to experience student life at the University of Bristol by staying in student accommodation, meeting similar students from across the UK, exploring the City of Bristol, attending academic sessions in an assigned subject stream led by our world-leading academics, gaining information, advice and guidance to equip you to navigate to a top university.

TO GET INVOLVED

Please email insight-into-bristol@bristol.ac.uk if you have specific questions about the programme or the contextual offer.

INTERVIEW PREPARATION

TASTER DAY

SHADOWING

COMPETITIONS



Bristol

This group wants to help break down the divide between state and private schools and ensure that students from disadvantaged educational backgrounds have the same positive experience at UoB. This group was created in response to the expressed need to voice the experiences and opinions of state school students (in the UK and internationally) that have come to UoB and feel that they have done so through educational disadvantage.

ELIGIBILITY CRITERIA

There is no specific eligibility criteria to get involved with their events.

BENEFITS?

The 93% club runs many events for both university students and school/college students, including meet ups and improving networking.

TO GET INVOLVED

Visit their website - <https://www.93percent.club/join> Email: uob93club@gmail.com

Twitter: <https://twitter.com/the93pclub?lang=en> LinkedIn: <https://www.linkedin.com/company/bristol93/>



UNIVERSITY OF PLYMOUTH

Peninsula Pathways for secondary school students

This programme provides an excellent opportunity to aspiring medical, dental and biomedical students to develop their skills and knowledge in order to make an informed decision about their future career and enhance their university application.

ELIGIBILITY CRITERIA

This programme support students from secondary schools and sixth form colleges in Cornwall (including the Isles of Scilly), Devon, Dorset and Somerset. Students living outside of the above regions will need to meet a minimum of two of the contextual indicators on the website to be eligible to join the programme.

BENEFITS?

The programme includes a 5-day work experience scheme, access to the Brightside e-Mentoring scheme, and workshops on the topics of research and applications etc. It includes the opportunity to speak to academics and medical students.

TO GET INVOLVED

Fill out the application form on their website, and email to meddentoutreach@plymouth.ac.uk.

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UNIVERSITY OF PLYMOUTH

E-mentoring Scheme

The University of Plymouth e-Mentoring scheme matches you with a current medical, biomedical or dental student, who you will communicate with via a secure online platform. This brilliant mentoring platform is also a place to ask questions about our programmes and about life as a student here in Plymouth. The platform is anonymous, securely monitored and free of charge.

ELIGIBILITY CRITERIA

The eMentoring scheme is open to anybody in Year 10 or above with an interest in studying medicine, biomedical science, healthcare science or dentistry. It is an online resource that provides the opportunity for you to be mentored by a Faculty of Health student. You are welcome to join even if you do not want to study at Plymouth.

BENEFITS?

Mentors and mentees talk about revision and study techniques, UCAT and BMAT help, personal statement tips and advice, UCAS advice, A Level and GCSE choices, what it's like to study at the University of Plymouth, placements, exams, career options, support with your university application and what it's like to study medicine, biomedical sciences or dentistry.

TO GET INVOLVED

Fill out the application form on their website, and email to meddent-outreach@plymouth.ac.uk.

MENTORSHIP

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UNIVERSITY OF PLYMOUTH

UKWPMED Scheme

Peninsula Medical School has been working with five other medical schools across the country to look at ways to get our widening participation programmes recognised at each other's institutions. This collaboration provides an exciting opportunity for school leavers (Year 13) from socially and/or educationally disadvantaged backgrounds to improve their chances of gaining a place at one of the participating medical schools.

ELIGIBILITY CRITERIA

The UKWPMED Scheme is open to students who have successfully completed a specific widening participation programme at a medical school that is participating. All students are required to meet the UCAT requirements. If you are applying with ABB due to participation in the scheme, this must be stated on your UCAS application.

BENEFITS?

The purpose of this is to further support students from a widening participation background who may want to apply at another university in a different part of the country. Eligible students will automatically receive an interview at any of the participating schools, and if successful at interview will be given a reduced offer which is currently ABB.

TO GET INVOLVED

Fill out the application form on their website, and email to meddent-outreach@plymouth.ac.uk.

KEY

RESEARCH EXPERIENCE

37, 46, 49, 56, 81, 84, 88

COMPETITIONS

17, 89

STUDENT EXPERIENCE

17, 50, 64, 65, 66, 67, 73, 75, 88

SHADOWING

67, 82, 83, 88, 89

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